

# Regents Biology

**\* Class Notes \***  
(pp. 201-213, 313-328)

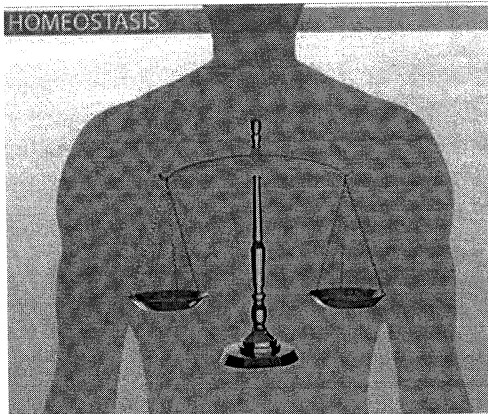
## North Salem High School

**MISSION:** *Engage students to continuously learn, question, define and solve problems through critical and creative thinking.*

# Homeostasis

*The maintenance of a STABLE, INTERNAL environment.*

**Homeostasis** - The **maintenance of a STABLE, INTERNAL environment** or any self-regulating process by which biological systems tend to maintain stability while adjusting to conditions that are optimal for survival. If homeostasis is successful, life continues; if unsuccessful, disease or death occurs.



***Let's get to work!***

*If you have any problems – please sign up for extra help after school.*

**Mr. Collea  
Room W-19**

# HOMEOSTASIS

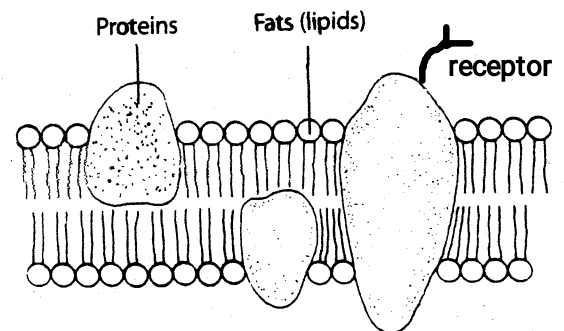
The ability of an organism to maintain a stable internal environment.

## I. HOMEOSTASIS AND THE IMMUNE SYSTEM <sup>(To protect)</sup>

- Homeostasis in an organism is constantly threatened. Failure to respond effectively can result in disease or death. Viruses, bacteria, and other disease-causing microorganisms called pathogens <sup>"disease" "to generate"</sup> may infect plants and animals and interfere with normal life functions.
- It is the job of the immune system to protect the body from these foreign invaders to the body known as antigens <sup>"antibodies" "to generate"</sup>.

**BUT HOW DOES THE BODY RECOGNIZE FRIEND FROM FOE?** "good" "bad"

### Fluid-Mosaic Model



### A. CYTOLOGY REVIEW

#### 1. The Cell Membrane

- The protein molecules found on surface of ALL cell membranes act as a kind of QR code for that cell or microorganism.
- The white blood cells of the immune system have the incredible ability of recognizing which cell membrane protein molecules (**receptors**) are friend (**good**) and which are foe (**bad**).

## B. CELLS OF THE IMMUNE SYSTEM

<b>TYPE OF CELLS</b>	<b>FUNCTION</b>
"phagocytosis" "cell" <b>PHAGOCYTES</b> (Video)	White blood cells that surround and <b>ENGULF</b> (eat) foreign invaders by <b>phagocytosis</b> .
"large" "phagocytosis" <b>MACROPHAGES</b>	<b>LARGE</b> phagocytes that surround and <b>ENGULF</b> (eat) foreign invaders by phagocytosis.
<b>T-CELLS</b> (Thymus)	Capable of recognizing and engulfing <b>SPECIFIC</b> pathogens.
<b>B-CELLS</b>	Produce special <b>PROTEIN</b> molecules that destroy <b>SPECIFIC</b> pathogens called <b>antibodies</b> .

(Video: Flu Attack)

"antibody" "generate"

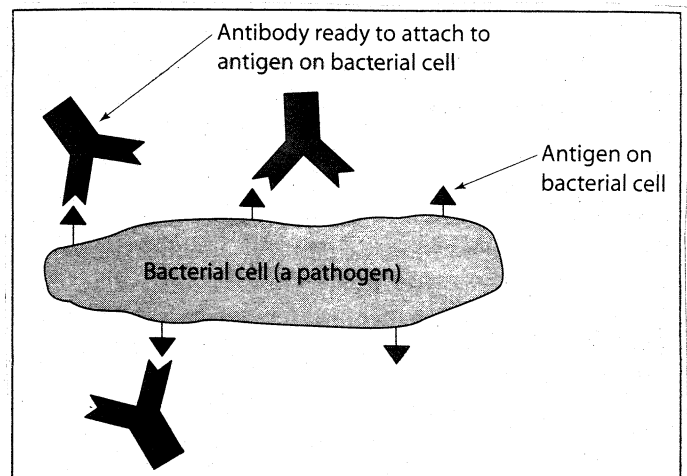
## C. ANTIGEN-ANTIBODY REACTION

- The body's natural response when an antigen enters the body is to engineer specific protein molecules called antibodies to destroy them.
- The antigen - antibodies reaction functions much like an enzyme - substrate complex, except in this case, the antibody is designed to destroy antigen.
- The structure of the antibody is designed to recognize and fit the receptors found on the cell membranes of various pathogens

(disease-causing microorganisms).

**ANTIGEN-ANTIBODY REACTION**  
Y-shaped antibodies are engineered to match the shape of a **SPECIFIC** protein receptor or antigen found on the cell membrane surface of pathogens (disease-causing microorganisms)

(Animation: Antigen and Antibodies)



## D. WAYS OF ACQUIRING IMMUNITY

### (1) Active Immunity (Video)

- When a person **ACTIVELY** forms antibodies by coming into contact with the disease-causing microorganism OR by receiving a vaccination
- Active immunity usually lasts forever because the body is somehow able to "remember" ALL the antigens you come into contact with by producing special immune cells called memory cells.

- EXAMPLES:**
1. Chicken Pox Virus
  2. COVID-19 vaccination

### (2) Passive Immunity

- A temporary antibodies form of immunity produced by the introduction of into a person from another organism

- EXAMPLES:**
1. mother — <sup>antibodies</sup> —> newborn baby  
breast milk
  2. Anti-Venoms
    1. Tetanus Shot

## E. IMMUNE DISORDERS

(1) **Allergies** - An over reaction of the immune system to an antigen that is not normally harmful.

(2) **Autoimmune Diseases** - When cells of the immune system fail to recognize "self" one's own body cells as "self" and destroy them.

### *Auto-Immune Disorders*

Name	Part of the Body Destroyed
Juvenile Diabetes	Insulin-producing cell in the pancreas.
Rheumatoid Arthritis	The space in between bones (joints).
Multiple Sclerosis	Nerve Cells (neurons).
Immune Deficiency Syndrome (AIDS)	T4 Lymphocytes (white blood cells) - T Cells

(Acquired) (Human Immunodeficiency Virus)

# The Universe Within - The Immune System

1. Where is Rob Taylor's favorite place to climb? (00:50)

**Tuckerman's Ravine, NH**

2. What is the body's first line of defense against foreign invaders? (4:18)

**The skin**

3. Which cells are the first to arrive on the scene of an infection? (4:52)

**Phagocytes**

4. What do phagocytes do? (5:15)

**Engulf pathogens whole via phagocytosis.**

5. Do the phagocytes appear to be engulfing the asbestos fibers? WHY? (5:40)

**No, because it is synthetic (man-made)**

6. Where are most of the cells of the immune and circulatory systems produced? (6:10)

**The Bone Marrow**

7. Bursting phagocytes produce pus. (9:10)

8. Giant phagocytes are called macrophages. (9:25)

9. Amputate means to cut off. (10:40)

10. Where do T-Cells mature? (12:00)

**Thymus**

11. What do B-cells produce? (11:35)

**Antibodies**

12. What did Rob Taylor do again in 1985? (17:05)

**Finish climbing Mount Kilimanjaro.**

# I. HOMEOSTASIS AND THE ENDOCRINE SYSTEM

- The glands that make up the endocrine system produce hormones that act as chemical messengers in the communication between different organs of the body.
- ALL hormones travel from their point of origin, through blood vessels to their target tissue.

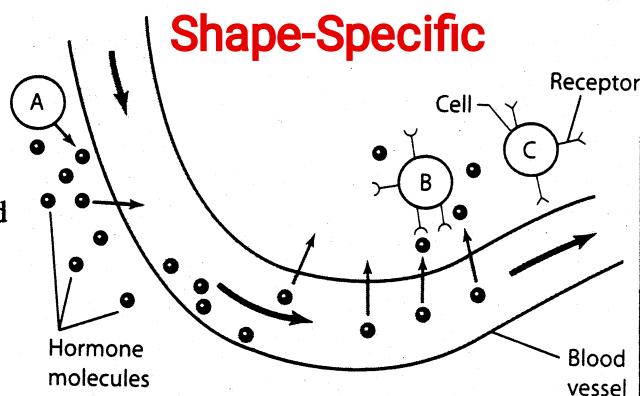
## A. SOME HORMONAL RESPONSES IN THE BODY (Review)

- (1) The hormone FSH produced in the brain travels through the blood vessels on its way to the ovary where it stimulates the maturation of a follicle.
- (2) The hormone LH produced in the brain travels through the blood vessels on its way to the ovary where it stimulates the release of an egg from the ovary in the process of ovulation.
- (3) The hormone estrogen produced in the ovary travels through the blood vessels on its way to the uterus where it stimulates the thickening of the uterine lining.
- (4) The hormone testosterone produced in the testies travels through the blood vessels on its way to the larynx where it stimulates the thickening of the vocal cords resulting in the deepening of a teenage boys voice.

## HOW DO HORMONES RECOGNIZE THEIR TARGET TISSUE?

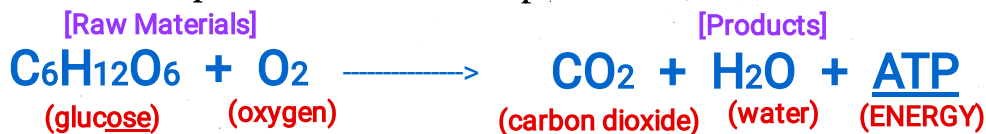
### RECEPTOR MOLECULES:

Like *enzymes* and *antibodies*, **hormones** are protein molecules composed of *amino acids* linked together by *peptide bonds* in a **SPECIFIC** sequence. The function of any protein molecules is determined by its structure and the structure of a protein is determined by your DNA. Distinct receptor molecules on the membranes of certain cells can only detect **SPECIFIC** hormones that will stimulate that cell to respond. In this case, only cells with B receptors will respond to the hormones produced by endocrine gland A.

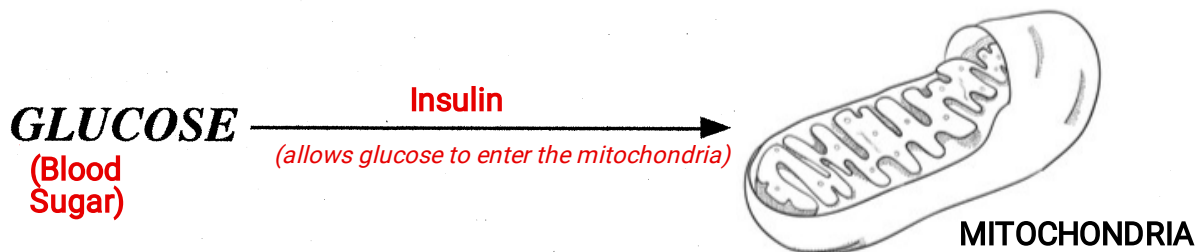


## B. THE REGULATION OF GLUCOSE IN THE BODY

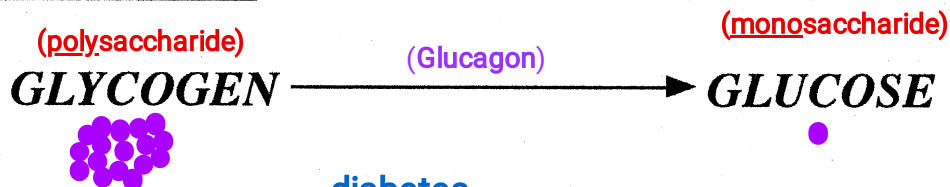
- Glucose is a carbohydrate / sugar (ends in OSE) that is used as a source of immediate energy by the body.
- Glucose is converted into ATP by the process of cellular respiration which takes place in the mitochondria of ALL cells.
- The chemical *equation* for cellular respiration is:



- The concentration of glucose in the blood is regulated by the hormones insulin and glucagon which are both produced in the pancreas.
- When the concentration of glucose in the blood is **HIGH** (like immediately after a meal), the hormone insulin is secreted by the pancreas and removes this glucose from the blood by allowing it to be taken in by the cells of the body.



- When the concentration of glucose in the blood is **LOW** (like hours after a meal), the hormone glucagon is secreted by the pancreas and travels via the blood stream to the liver where it converts glycogen into glucose.



- One form of the disease diabetes results when a person is unable to make their own insulin. Diabetics must constantly monitor the amount of glucose in their blood to make sure it is not too high or too low.

Hypoglycemia

If the amount of glucose in the blood is low, the daibetic must take in glucose.

If the amount of glucose in the blood is high, the daibetic must inject insulin.

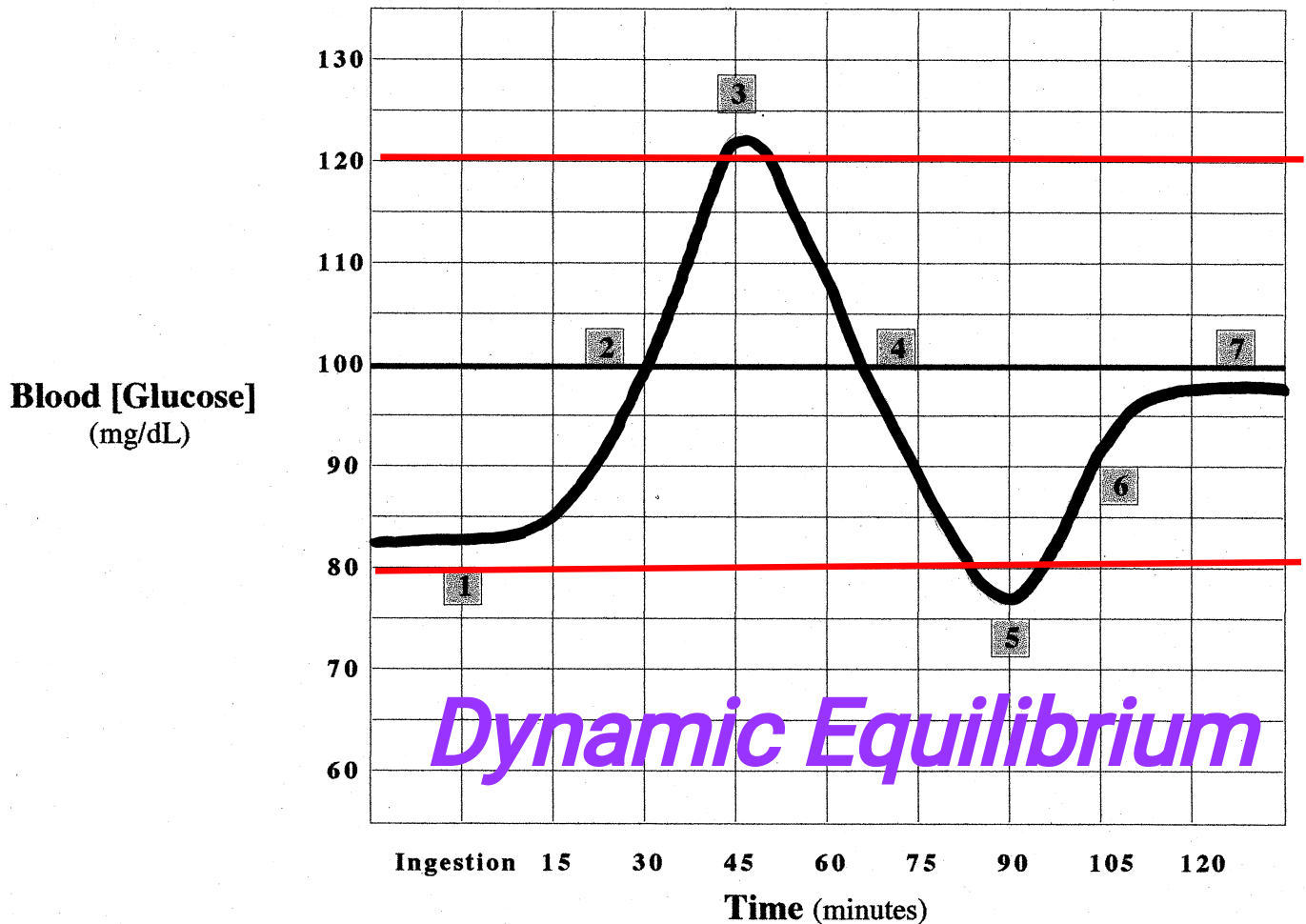
Hyperglycemia

### C. GLUCOSE GRAPH (Animation: What is HOMEOSTASIS?)

- The body's ability to maintain a stable concentration of glucose in the blood is an excellent example of HOMEOSTASIS.
- The *normal* amount of glucose in the blood is between 80-120 mg/dL  
(mg/dL = milligrams per deciliter)

(Animation: Insulin and Glucagon)

#### Blood-Glucose Concentrations After a Meal



1. **INGESTION** - food is taken into the body.
2. Glucose concentration in the blood **INCREASES** as carbohydrate digestion and absorption continues.
3. Glucose concentration in the blood reaches its peak, the **PANCREAS** secretes the hormone **INSULIN**.
4. **INSULIN** removes glucose from the blood; blood glucose concentration **DECREASES**.
5. A little too much glucose is removed from the blood by the **INSULIN** so the **PANCREAS** now has to secrete the hormone **GLUCAGON** ---> **GLYCOGEN** is converted into **GLUCOSE** in the **LIVER**.
6. The conversion of **GLYCOGEN** into **GLUCOSE** increases the concentration of glucose in the blood.
7. The concentration of glucose in the blood returns to normal..... that's **HOMEOSTASIS!**