**Welcome Players!**

Mr. Collea

Modified Softball Coach

North Salem Middle/High aschool

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Team Website at: <http://colleascorner.weebly.com/>

**I. Team Selection**

 **A.** Tryouts begin Monday, March 27th at PQ

 **B.** Team selection and playing time will be based on the following criteria:

 **(1)** Attitude

 **(2)** Effort

 **(3)** Ability

**II. What to do before tryouts on Monday, March 27th.**

**1.** Get all necessary documents to the Athletic Office and be cleared for

 participation prior to tryouts.

**2.** Get all of your softball equipment in order.

 **(a)** Glove - make sure it is conditioned with oil or Edge shaving gel.

 **(b)** Bat and batting gloves.

 **(c)** All girls are required to wear school helmets.

 **(d)** Duffle bag should contain each of the following:

* turtleneck or mock turtleneck
* fleece / sweatshirt / waterproof jacket / sweat or wind pants
* indoor / outdoor clothing
* sneakers AND cleats

**Dressing in LAYERS and STAYING DRY is VITAL when playing in cold weather!**

**Modified Softball Tryout Rubric**

|  |  |
| --- | --- |
| **I. ATTITUDE** |  |
| ***Criteria*** | ***Score*** | ***Comments*** |
| Teamwork |   |   |
| Coachability |   |   |
|  |  |  |
| **II. EFFORT** |  |
| ***Criteria*** | ***Score*** | ***Comments*** |
| Punctuality |   |   |
| Preparedness |   |   |
| Hustle |   |   |
|  |  |  |
| **III. ABILITY** |  |
| **A. Running** |
| ***Criteria*** | ***Score*** | ***Comments*** |
| Speed |   |   |
| Agility |   |   |
|  |  |  |
| **B. Throwing** |
| ***Criteria*** | ***Score*** | ***Comments*** |
| Mechanics |   |   |
| Accuracy |   |   |
| Speed |   |   |
| Distance |   |   |
|  |  |  |
| **C. Fielding** |
| ***Criteria*** | ***Score*** | ***Comments*** |
| Mechanic**s** |   |   |
| Ground Balls |   |   |
| Fly Balls |   |   |
| Line Drives |   |   |
| **D. Hitting** |
| ***Criteria*** | ***Score*** | ***Comments*** |
| Mechanics |   |   |
| Bunting |   |   |
| Swing |   |   |
| Contact |   |   |
| Power |   |   |